



Meadows

AT BROOKMEADE



DUTCHESS COUNTY'S PREMIER SKILLED NURSING RESIDENCE AND REHABILITATION CENTER & ADULT DAY SOCIAL/MEDICAL PROGRAM

Located on 75 country acres just outside the Village of Rhinebeck, Meadows at Brookmeade offers 120 private and semi-private rooms for sub-acute rehabilitation and long term skilled nursing.

**24-hour skilled nursing care • Sub-Acute & Outpatient Rehabilitation Center
State-of-the-Art Equipment • On-Site Physician Lead Wound Care Team
On-Site Post-Acute Care Team • Medicaid Application Assistance
Culinary Institute Trained Staff • Award-Winning Activities Program**

The campus is conveniently located in the charming, historic Village of Rhinebeck with easy access to numerous health professionals and Northern Dutchess Hospital.

Stop in for a tour or make an appointment at 845-876-2071, ext. 105

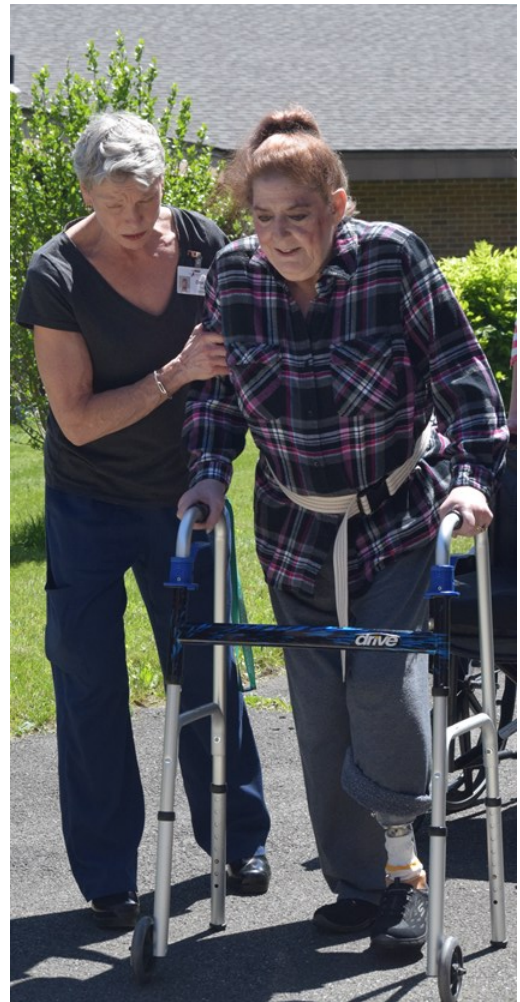
46 Brookmeade Drive, Rhinebeck, N.Y. 12572 (845) 876-2071

Meadows Sub-Acute Rehabilitation

Physical Therapy · Occupational Therapy · Speech Therapy

Our comprehensive care team meets regularly to assess progress and develop care plans to prepare for discharge planning and/or long-term care options. Staff will coordinate aftercare with residents and their families to ensure that recovery progress continues after discharge from Meadows.

Strokes • Tracheostomy Care • IV Antibiotic Therapy • Post-Surgical Recovery • Joint Replacement/Repair • Cognitive and Speech Disorders • Wound Care



Electrical Stimulation & Ultrasound is used to help manage acute and chronic pain, neuromuscular re-education, decrease joint stiffness and contractures, and help maintain or increase range of motion. Other treatment programs include fall prevention and balance, dysphagia, continence improvement, neuro rehab, cardiopulmonary, orthopedic and wound management.



LSVT BIG® Our therapists hold The Lee Silverman Voice Treatment BIG certifications to provide the most effective treatment plan for individuals with Parkinson disease. This comprehensive treatment protocol has been shown to improve balance, trunk rotation, activities of daily living, UPDRS Motor Score and faster walking with bigger steps in individuals with Parkinson disease who participate in the program.

Outpatient Rehabilitation Services

After completing a thorough assessment process, we create a customized rehabilitation and set appropriate goals. Our intent is to return you quickly and safely to your prior level of function.

Appointments are easy to schedule and are available days, evenings and weekends.

The outpatient rehabilitation program provides seamless transition following inpatient care.

Call 845-876-2071, ext. 105 for more information or to schedule a tour



Meadows Skilled Nursing

Our purpose and mission at Meadows is to enhance the quality of life for the aged by promoting and providing quality care in a loving environment that supports their social, medical, and religious needs while encouraging independence and self-development.

For over 150 years, generations of residents have found the Meadows to be a place of compassionate care, where people truly matter.

On-Site Physician Services Include:

Podiatry
Optometry
Psychology/Psychiatry
Dentistry

On-Site Physician -Led Wound Care Team

Venous Ulcers
Arterial Wounds
Pressure Ulcers
Diabetic Neuropathic Wounds

Post-Acute Care Rounding is performed daily to ensure the most comprehensive care to residents who have recently had an acute stay in a hospital. This care team monitors diagnostic results, wound healing, medication reconciliation, vitals and develops treatment options and plans for each resident.

The Rest & Renew Program at Meadows allows residents to have a peaceful, uninterrupted sleep pattern during the night to promote stronger physical, emotional and mental well-being. Residents who have consistent sleep patterns are less likely to have mood changes such as depression and anxiety so this program is key to promote an overall healthy lifestyle.

Palliative Care

The Palliative Care Program at Meadows offers physical, spiritual, emotional, mental and familial care at all levels to residents and families. This program is about improving late life care to relieve suffering and enhances communication with families.



Innovative Programs & Services

New Day Program

The New Day program focuses on socialization and cognition by providing structured, yet creative activities for our residents living with Alzheimer's dementia, depression and other chronic illnesses.

This astounding award-winning program is being offered seven days a week and has greatly enhanced the quality of life for residents.

Music & Memory Program

Our music program helps residents facing a wide range of cognitive and physical challenges find renewed meaning and connection in their lives through the gift of personalized music. Our comprehensive music program offers a chorus group, live musicians from the community, sing-alongs and much more.



Sensory Gardens

The Sensory Gardens at Meadows is an inviting, therapeutic, and intimate outdoor space that stimulates sense, encourages exploration and soothes the soul through order, unity, balance and beauty.

Nutrition & Dining Services

- Registered Dietician
 - Culinary Trained chefs
 - Interactive Cooking demonstrations include:
 - Culinary hour, which is a monthly interactive cooking demonstration with internationally inspired dishes for residents and families.
 - Soup for the Soul, which demonstrates expertly crafted soups and stews.
- Our interactive demonstrations offer a healthy portion of each meal to the residents, families and guests!