

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026

## Arbor Ridge At Brookmeade Community

						8am-9pm: Open Swim 9am: Hairdresser (salon) 1pm: Mahjong (Art Studio) 3pm: Book Club for April (G Floor) 5pm: Celebrate all MAY Birthdays (FOYER) 7pm: Movie May Day 	8am-9pm: Open Swim 10am: Ping Pong (MPR) 2pm: Game of Hearts (Art Studio) 6pm: Kentucky Derby (MPR)  7pm: Movie
8am-9pm: Open Swim 2pm: Game of Spades (Art Studio) 7pm: Movie	8am-9pm: Open Swim 9:30am Mat Class (MPR) 10am: Balance for Life (MPR) 1pm: Mahjong (Art Studio) 4:15pm: Resident Council Meeting (MPR) 7pm: Movie	8am-9pm: Open Swim 11am: Stretch and Strength (MPR) 1:30pm: Scrabble (Art Studio) 2pm: Passport program Travel to Mexico (Pavilion) 3:30pm: Catholic Communion (G Floor) 7pm: Movie  Cinco de Mayo	8am-10am:  Hot Breakfast 8am-9pm: Open Swim 1pm: Five Crowns (MPR) 1:15pm Art Class (Art Studio) 3pm: Billard's @Arbor 7pm: Movie	8am-9pm: Open Swim 11am: Stretch and Strength (MPR) 11:30am-1pm: S.A.S.S (Pavilion) 1:30pm: Scrabble (Art Studio) 2pm: FALL PREVENTION & SAFETY W/ DR SAYEED (MPR) 4:30pm: Social Hour (Foyer) 7pm: Movie	8am-9pm: Open Swim 9am: Hairdresser (Salon) 1pm: Mahjong (Art Studio) 7pm: Movie	8am-9pm: Open Swim 10am: Ping Pong (MPR) 2pm: Game Of Hearts (Art Studio) 2pm: Jazz Pianist Larry Ham (MPR)  7pm: Movie	
8am-9pm: Open Swim 2pm: Game of Spades (Art Studio) 4:30pm: Mother's Day Celebration ( Foyer)  7pm: Movie Mother's Day National Skilled Nursing Care Week	8am-9pm: Open Swim 9:30am: Mat Class (MPR) 10am: Balance for life (MPR) 1pm: Mahjong (Art Studio) 7pm: Movie	8am-9pm: Open Swim 11am: Stretch and Strength (MPR) 1:30pm: Scrabble (Art Studio) 2pm: Bingo (Dining Room) 3:30pm: Catholic Communion (G Floor) 7pm: Movie	8am-9pm: Open Swim 1pm: Five Crowns (MPR) 1:15pm: Art Class (Art Studio) 3pm: Billard's @ Arbor 7pm: Movie	8am-9pm Open Swim 11am: Stretch And Strength (MPR) 1:30pm: Scrabble (Art Studio) 4:30pm: Social Hour (Foyer) 7pm: Movie	8am-9pm: Open Swim 9am: Hairdresser (Salon) 12pm: Lunch out at The Cornell Restaurant & Bar Kingston Waterfront  1pm: Mahjong 4:30pm Sing A Long w/ Sue Buttner  7pm: Movie	8am-9pm: Open Swim 10am: Ping Pong (MPR) 2pm: Game of Hearts (Art Studio) 7pm: Movie  Armed Forces Day	
8am-9pm: Open Swim 2pm: Game of Spades (Art Studio) 4pm: Hymn Sing (MPR)  7pm: Movie	8am-9pm: Open Swim 9:30am: Mat Class (MPR) 10am: Balance for Life (MPR) 1pm: Mahjong (Art Studio) 7pm: Movie Victoria Day (Canada)	8am-9pm: Open Swim 11am: Stretch and Strength (MPR) 1:30pm: Scrabble (Art Studio) 2pm: Bingo (Dining Room) 3:30pm: Catholic Communion (G Floor) 7pm: Movie	8am-9pm: Open Swim 1pm: Five Crowns (MPR) 1:15pm: Art Class (Art Studio) 3pm: Billard's @ Arbor 7pm: Movie	8am-9pm: Open Swim 11am: Stretch and Strength (MPR) 1:30pm Scrabble (Art Studio) 2pm: Ice Cream Social & Lawn Games (Patio)  4:30pm: Social Hour (Foyer) 7pm: Movie Shavuot Begins	8am-9pm: Open Swim 9am: Hairdresser (Salon) 1pm: Mahjong (Art Studio) 7pm: Movie	8am-9pm: Open swim 10am: Ping Pong (MPR) 2pm: Game of Hearts (Art Studio) 2pm: Jazz Pianist Larry Ham (MPR)  7pm: Movie	
8am-9pm: Open Swim 2pm: Game of Spades (Art Studio) 7pm: Movie	8am-9pm: Open Swim 9:30am: Mat Class (MPR) 10am: Balance for life (MPR) 1pm: Mahjong (Art Studio) 7pm: Movie  Memorial Day	8am-9pm: Open Swim 11am: Stretch and Strength (MPR) 1:30pm: Scrabble (Art Studio) 2pm: Bingo (Dining Room) 3:30pm: Catholic Communion (G Floor) 7pm: Movie	8am-9pm: Open Swim 1pm: Five Crowns (MPR) 1:15pm: Art Class (Art Studio) 3pm: Billards @ Arbor 7pm: Movie	8am-9pm: Open Swim 11am: Stretch and Strength (MPR) 1:30pm Scrabble (Art Studio) 4:30pm: Social Hour (Foyer) 7pm: Movie	8am-9pm: Open Swim 9am: Hairdresser (Salon) 1pm: Mahjong (Art Studio) 3pm: Book Club for May (G Floor) 7pm: Movie	8am-9pm: Open Swim 10am: Ping Pong (MPR) 11:15am: Departure for EL ULTIMO SUENO D FRIDA Y DIEGO OPERA Hudson  2pm: Game of Hearts (Art Studio) 7pm: Movie	
8am-9pm: Open Swim 2pm: Game of Spades (Art Studio) 7pm: Movie	SEE MONTHLY SIGN-UPS AT FRONT DESK						

