

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Social Work Month</u> 1 10:00-Move to the Music-DM 10:45-Bingo-DM <u>2:00-2:45-Sunday Special Dessert and Jeopardy-DM</u> <u>3:30-4:45-Bryan and Doug in Concert-DM</u>	<u>Purim Begins</u> 2 10:00-Move to the Music-DM 11:00-Chorus Rehearsal-DM <u>2:00-Planning Meeting for April-DM</u> 3:45-Bingo-DM <small>Purim Begins</small>	3 10:30-Mindful Movement-ST <u>1:00-Resident Council/Food Committee-CM</u> 4:00-Catholic Prayers and Communion-Meadows	4 10:30-Mindful Movement-ST 1:30-Chair Zumba-ST	5 8:30-12:30-Hair Dresser by Appt. 10:30-Mindful Movement-ST 1:30-Chair Zumba-ST	6 10:00-Move to the Music-DM 11:00-Rosary-DM <u>2:00-Women's History Celebration-Famous Women in Dutchess County-DM</u> 3:45-Bingo-DM	7 <u>Daylight Saving Time Starts tonight at 2:00 am</u> 2:00-Movie Matinee-ST Games and Puzzles Available All Day <u>*Set your clocks ahead 1 hours tonight</u>
<u>Magic of Music Week at Terraces</u> 8 <u>Long Term Care Administrators Week</u> 2:00-Movie Matinee-ST 3:00-All Faith Church Service in the Chapel-ST <small>Daylight Saving Time Begins</small>	9 10:00-Move to the Music-DM 11:00-Chorus Rehearsal-DM <u>2:00-The Magic of Music-Part 1-"Music of the Heart" with Meryl Streep-DM</u> 4:00--Bingo-DM	10 10:30-Mindful Movement-ST 1:30-Chair Zumba-ST 4:00-Catholic Prayers and Communion-Meadows	<u>Happy Birthday Gilbert! Registered Dietician Nutritionist Day</u> 11 10:00-Move to the Music-DM 10:45-Bingo-DM <u>2:00-The Magic of Music-Part 2-"Mr. Holland's Opus"-DM</u> <u>4:00-Terraces Bandstand-DM</u>	12 8:30-12:30-Hair Dresser by Appt. 10:30-Mindful Movement-ST 1:30-Chair Zumba-ST	13 10:00-Move to the Music-DM 11:00-Rosary-DM <u>12:00-Chicken Tenders/Fries Lunch Option</u> 2:00-Bingo-DM <u>3:15-Theatre Arts Students Music and Dance Performance-DM</u>	14 2:00-Movie Matinee-ST Games and Puzzles Available All Day
15 2:00-Movie Matinee-ST 3:00-All Faith Church Service in the Chapel-ST	16 10:00-Move to the Music-DM 11:00-Chorus Rehearsal-DM <u>2:00-St. Patricks Day Social-DM</u> <u>2:30-Zoom Concert with Maggie for St. Patrick's Day-DM</u> 4:00-Bingo-DM	<u>St. Patricks Day</u> 17 <u>8:00-Waffle Breakfast-DM</u> 10:00-Move to the Music-DM 10:45-Bingo-DM <u>2:00-Travel to Ireland at the Pavilion-DM</u> 4:15-4:45-Bingo-DM <small>St. Patrick's Day</small>	18 10:00-Mindful Movement-ST <u>2:00-Bill and Wayne in Concert at Meadows</u>	19 8:30-12:30-Hair Dresser by Appt. 10:30-Mindful Movement-ST 1:30-Chair Zumba-ST	<u>Spring Begins</u> 20 <u>8:00-Bagel Bar Breakfast-DM</u> 10:00-Move to the Music-DM 11:00-Rosary-DM <u>2:30-Fun With Music Trivia-DM</u> <u>3:15-4:45-Music with Andrew</u> <small>Spring Begins</small>	21 2:00-Movie Matinee-ST Games and Puzzles Available All Day
22 2:00-Movie Matinee-St 3:00-All Faith Church Service in the Chapel-ST	23 10:00-Move to the Music-DM 11:00-Chorus Rehearsal-DM <u>12:00-Baked Potato Bar Lunch Option-DM</u> <u>2:00-Knitting/Craft Group Planning Meeting- -DM</u> 3:45-Bingo-DM	24 10:30-Mindful Movement-ST 1:30-Chair Zumba-ST 4:00-Catholic Prayers and Communion-Meadows	25 10:00-Move to the Music-DM 10:45-Bingo-DM <u>2:30-Cocktail Party to Welcome Spring-DM</u> <u>3:30-4:45-Chuck Jacob Plays a Welcome Spring Concert-DM</u>	26 8:30-12:30-Hair Dresser by Appt. 10:30-Mindful Movement-ST 1:30-Chair Zumba-ST	27 10:00-Move to the Music-DM 11:00-Rosary-DM <u>2:00-Ice Cream Social-DM</u> <u>2:30-Piano Music with Vicky-DM</u> 4:00-Bingo-DM	28 2:00-Movie Matinee-ST Games and Puzzles Available All Day
<u>Palm Sunday</u> 29 2:00-Movie Matinee-ST 3:00-All Faith Church Service in the Chapel-ST <small>Palm Sunday</small>	30 10:00-Move to the Music-DM 11:00-Chorus Rehearsal-DM <u>2:00- Remember When and Monthly Birthday Party-DM</u> 4:00-Bingo-DM	31 10:30-Mindful Movement-ST 1:30-Chair Zumba-ST 4:00-Catholic Prayers and Communion-Meadows	<h1>March 2026</h1> <h2>The Terraces at Brookmeade</h2>			

All programs subject to change without notice. Please check your table toppers and the White Board in the hallway for current updates.