

Monday

Tuesday

Wednesday

Thursday

Friday

February 2026

Meadows Adult Day Health Care Event Calendar



<p>9am- Continental Breakfast 9:15am- Meet & Greet 10:00am- Coffee & Connections at Meadows 11am- Heart & Soul Fitness 12:30pm- Lunch 1pm- 1:1 Activities Resident Choice 2pm- Afternoon Coffee Cafe- & Ground Hog social 2:30pm Bingo in the Egg-Meadows</p> <p style="text-align: right;">2</p> <p style="text-align: center;">Ground Hog Day</p>	<p>9am- Continental Breakfast 9:15am- Meet & Greet, Resident Council 10:00am- Heart & Soul Fitness 10:30am- Morning Snack 11am- Daily Chronicles 12:30pm- Lunch 1pm- 1:1 Activities Resident Choice 2pm Hot Tea & Carrot Cake Social-Egg-All 3pm Trivia-Egg- 4pm Catholic Communion & Prayers-all</p> <p style="text-align: right;">3</p> <p style="text-align: center;">National Carrot Cake Day</p>	<p>9am- Continental Breakfast 9:15am- Meet & Greet 10am- Heart & Soul Fitness 10:30am- Morning Snack & Community Partner: Explorations in Art w/ Jane & Katerina-Meadows-Egg 11am- Daily Chronicles 12:30pm- Lunch 1:30pm- snack 2pm Word Games Meadows-Egg 3PM Movie Matinee Meadows- Egg</p> <p style="text-align: right;">4</p>	<p>9am- Continental Breakfast 9:15am- Meet & Greet 10:00am- Coffee & Connections at Meadows 11am- Heart & Soul Fitness 12:30pm- Lunch 1pm- 1:1 Activities Resident Choice 2pm- Afternoon Coffee Cafe- & Reminisce-Meadows 2:30pm Bingo in the Egg-Meadows</p> <p style="text-align: right;">5</p>	<p>9am- Continental Breakfast 9:15am- Meet & Greet 10am- Movie and Serenity Spa (Manicures)Meadows 10:30am- Morning Snack 11am Rosary in the Chapel-DM 12:30pm- Lunch 2pm Snack Social and Games Meadows</p> <p style="text-align: right;">6</p>
<p>9am- Continental Breakfast 9:15am- Meet & Greet 10:00am- Coffee & Connections at Meadows 11am- Make your Own Pizza-Meadows 12:30pm- Lunch 1pm- 1:1 Activities Resident Choice 2pm- Afternoon Coffee Cafe- & Pizza Social Meadows 2:30pm Bingo in the Egg-Meadows</p> <p style="text-align: right;">9</p> <p style="text-align: center;">National Pizza Day</p>	<p>9am- Continental Breakfast 9:15am- Meet & Greet, Resident Council 10:00am- Heart & Soul Fitness 10:30am- Morning Snack 11am- Daily Chronicles 12:30pm- Lunch 1pm- 1:1 Activities Resident Choice 2pm Bean Bag Toss-Egg-All 3pm Trivia-Egg- 4pm Catholic Communion & Prayers-all</p> <p style="text-align: right;">10</p> 	<p>9am- Continental Breakfast 9:15am- Meet & Greet 10am- Heart & Soul Fitness 10:30am- Morning Snack & Community Partner: Explorations in Art w/ Jane & Katerina-Meadows-Egg 11am- Daily Chronicles 12:30pm- Lunch 1:30pm- snack 2pm Community Volunteer: Music with Buddy & Steve- Meadows-Chapel 3PM Movie Matinee Meadows</p> <p style="text-align: right;">11</p>	<p>9am- Continental Breakfast 9:15am- Meet & Greet 10:00am- Coffee & Connections at Meadows 11am- Heart & Soul Fitness 12:30pm- Lunch 1pm- 1:1 Activities Resident Choice 2pm- Afternoon Coffee Cafe- & Reminisce-Meadows 2:30pm Bingo in the Egg-Meadows</p> <p style="text-align: right;">12</p> <p style="text-align: center;">SASS Pavilion 11:30am</p>	<p>9am- Continental Breakfast 9:15am- Meet & Greet 10am- Movie and Serenity Spa (Manicures)Meadows 10:30am- Morning Snack 11am Rosary in the Chapel-DM 12:30pm- Lunch 2pm Meadows Valentine's Day Party, Community Partner: music w/ Terence Feely</p> <p style="text-align: right;">13</p> <p style="text-align: center;">Vendors at Meadows 10am</p>
<p>9am- Continental Breakfast 9:15am- Meet & Greet 10:00am- Coffee & Connections at Meadows 11am- Heart & Soul Fitness 12:30pm- Lunch 1pm- 1:1 Activities Resident Choice 2pm- President's Ice Cream social at Meadows 2:30pm Bingo in the Egg-Meadows</p> <p style="text-align: right;">16</p> <p style="text-align: center;">President' Day</p>	<p>9am- Continental Breakfast 9:15am- Meet & Greet, Resident Council 10:00am- Heart & Soul Fitness 10:30am- Morning Snack 11am- Daily Chronicles 12:30pm- Lunch 1pm- 1:1 Activities Resident Choice 2pm Virtual Journey to New Orleans Pavilion 4pm Catholic Communion & Prayers-all</p> <p style="text-align: right;">17</p>	<p>9am- Continental Breakfast 9:15am- Meet & Greet 10am- Heart & Soul Fitness 10:30am- Morning Snack & Community Partner: Explorations in Art w/ Jane & Lisa-Meadows-Egg 11am- Daily Chronicles 12:30pm- Lunch 2pm Del's Ice Cream Social Meadows Egg 3PM Movie Matinee Meadows</p> <p style="text-align: right;">18</p> 	<p>9am- Continental Breakfast 9:15am- Meet & Greet 10:00am- Coffee & Connections at Meadows 11am- Heart & Soul Fitness 12:30pm- Lunch 1pm- 1:1 Activities Resident Choice 2pm- Community Partners: Music w/ Bill & Wayne- Meadows 3pm Bingo in the Egg-Meadows</p> <p style="text-align: right;">19</p> <p style="text-align: center;">National Strawberry Day</p>	<p>9am- Continental Breakfast 9:15am- Meet & Greet 10am- Movie and Serenity Spa (Manicures)Meadows 10:30am- Morning Snack 11am Rosary in the Chapel-DM 12:30pm- Lunch 1:30 Community Volunteer: Music w/ Andrew Dykeman-Meadows 2pm Snack Social and Games Meadows</p> <p style="text-align: right;">20</p>
<p>9am- Continental Breakfast 9:15am- Meet & Greet 10:00am- Coffee & Connections at Meadows 11am- Heart & Soul Fitness 12:30pm- Lunch 1pm- 1:1 Activities Resident Choice 2pm- Afternoon Coffee Cafe- & Reminisce-Meadows 2:30pm Bingo in the Egg-Meadows</p> <p style="text-align: right;">23</p>	<p>9am- Continental Breakfast 9:15am- Meet & Greet, Resident Council 10:00am- Heart & Soul Fitness 10:30am- Morning Snack 11am- Daily Chronicles 12:30pm- Lunch 1pm- 1:1 Activities Resident Choice 2pm Bean Bag Toss-Egg-All 3pm Trivia-Egg- 4pm Catholic Communion & Prayers-all</p> <p style="text-align: right;">24</p>	<p>9am- Continental Breakfast 9:15am- Meet & Greet 10am- Heart & Soul Fitness 10:30am- Morning Snack & Community Partner: Explorations in Art w/ Jane & Lisa-Meadows-Egg 11am- Daily Chronicles 12:30pm- Lunch 2pm Monthly Birthday Party Meadows 3PM Movie Matinee Meadows</p> <p style="text-align: right;">25</p>	<p>9am- Continental Breakfast 9:15am- Meet & Greet 10:00am- Coffee & Connections at Meadows 11am- Heart & Soul Fitness 12:30pm- Lunch 1pm- 1:1 Activities Resident Choice 2pm- Afternoon Coffee Cafe- & Reminisce-Meadows 2:30pm Bingo in the Egg-Meadows</p> <p style="text-align: right;">26</p>	<p>9am- Continental Breakfast 9:15am- Meet & Greet 10am- Movie and Serenity Spa (Manicures)Meadows 10:30am- Morning Snack 11am Rosary in the Chapel-DM 12:30pm- Lunch 2pm Snack Social and Games Meadows</p> <p style="text-align: right;">27</p>

Christene Marshall- Act. Director, Margaret Mc Adams- Act. Assistant, Carol Ryan- RN, Brian Zeidan- Administrator. *Residents have the freedom to control their own schedule. *Ability to change activities based on their preference.