


Monday

Tuesday

Wednesday

Thursday

Friday



April 2026
Adult Day
Healthcare Program

9am- Continental Breakfast
9:15 Meet & Greet
10:00am- Coffee & Connections Meadows
11am- Heart & Soul Fitness
12:30pm- Lunch
1pm- 1:1 Activities Resident Choice
2pm- Afternoon Coffee Cafe & Reminisce-Meadows
2:30pm Bingo in the Egg-Meadows

9am- Continental Breakfast
9:15am- Meet & Greet, Resident Council
10:00am- Heart & Soul Fitness
10:30am- Morning Snack
11am- Daily Chronicles
12:30pm- Lunch
2pm, Can You Guess the Sound-Egg
2pm Women of the Bible Study Group-CHP
3pm Finish that Phrase-Meadows Egg
4pm Catholic Communion & Prayers-CHP

9am- Continental Breakfast
9:15am- Meet & Greet & Heart & Soul Fitness
10:30am- Morning Snack & Community Partner: Explorations in Art w/ Jane & Lisa-Meadows-Egg
11am- Daily Chronicles
12:30pm- Lunch
2pm Pre Movie Snack Carrot Cake & Sparking Cranberry Punch-Meadows - Egg
3PM Movie Matinee Zookeeper Egg

Zoo Lovers Day

9am- Continental Breakfast
9:15am- Meet & Greet
10:00am- Coffee & Connections at Meadows
11am- Heart & Soul Fitness
12:30pm- Lunch
1pm- 1:1 Activities Resident Choice
2pm- Afternoon Coffee Cafe- & Reminisce-Meadows
2:30pm Bingo in the Egg-Meadows

SASS RSVP w/ Activities

9am- Continental Breakfast
9:15am- Meet & Greet
10am- Movie and Serenity Spa (Manicures)Meadows
10:30am- Morning Snack
11am Rosary in the Chapel-DM
12:30pm- Lunch
2pm Snack Social Meadows-Egg
3pm Resident Choice Activity-Egg
3pm Nondenominational Shabbat Celebration w/ Community Partner Volunteer Juan - Chapel

9am- Continental Breakfast
9:15 Meet Greet
10:00am- Coffee & Connections Meadows
11am- Heart & Soul Fitness
12:30pm- Lunch
1pm- 1:1 Activities Resident Choice
2pm- **Community Volunteer: Music w/ Bill & Wayne Meadows-CHP**
3pm Bingo in the Egg-Meadows

9am- Continental Breakfast
9:15am- Meet & Greet, Resident Council
10:00am- Heart & Soul Fitness
10:30am- Morning Snack
11am- Daily Chronicles
12:30pm- Lunch
2pm Tuesday Tea & Pie Social-Egg
2pm Women of the Bible Study Group-CHP
3pm Drumming Circle-Egg
4pm Catholic Communion & Prayers-CHP

9am- Continental Breakfast
9:15am- Meet & Greet & Heart & Soul Fitness
10:30am- Morning Snack & Community Partner: Explorations in Art w/ Jane & Katerina-Meadows-Egg
11am- Daily Chronicles
12:30pm- Lunch
2pm Ice Cream Social Meadows- Egg
3pm Spiritual Connection-CHP
3PM Movie Matinee- Egg

Banana Day

9am- Continental Breakfast
9:15am- Meet & Greet
10:00am- Coffee & Connections at Meadows
11am- Heart & Soul Fitness
12:30pm- Lunch
1pm- 1:1 Activities Resident Choice
2pm Community Partners: The Dreamers-Meadows-Egg
2:30pm Bingo in the Egg-Meadows

9am- Continental Breakfast
9:15am- Meet & Greet
10am- Movie and Serenity Spa Meadows
10:30am- Morning Snack
11am Rosary in the Chapel-DM
12:30pm- Lunch
1:30 Community Volunteer: Music w/ Andrew Dykeman
3pm Snack Social & Resident Choice Activity-Egg
3pm Nondenominational Shabbat Celebration w/ Community Partner Volunteer Juan - Chapel

9am- Continental Breakfast
9:15 Meet & Greet
10:00am- Coffee & Connections Meadows
11am- Heart & Soul Fitness
12:30pm- Lunch
1pm- 1:1 Activities Resident Choice
2pm- Music w/ Michael Hite- Meadows-Chapel
3pm Bingo in the Egg-Meadows

9am- Continental Breakfast
9:15am- Meet & Greet, Resident Council
10:00am- Heart & Soul Fitness
10:30am- Morning Snack
11am- Daily Chronicles
12:30pm- Lunch
2pm Women of the Bible Study Group-CHP
3pm Bowling Meadows-Egg
4pm Catholic Communion & Prayers-CHP

9am- Continental Breakfast
9:15am- Meet & Greet
10am- Heart & Soul Fitness
10:30am- Morning Snack & Community Partner: Explorations in Art w/ Jane & Katerina Meadows-Egg
11am- Daily Chronicles
12:30pm- Lunch
2pm Brookmeade Blooming into Spring "Let`s Start Planting"-Meadows-Egg
3pm Movie Matinee-Meadows-Egg

9am- Continental Breakfast
9:15am- Meet & Greet
10:00am- Coffee & Connections at Meadows
11am- Heart & Soul Fitness
12:30pm- Lunch
1pm- 1:1 Activities Resident Choice
2pm- Afternoon Coffee Cafe- & Reminisce-Meadows
2:30pm Bingo in the Egg-Meadows

9am- Continental Breakfast
9:15am- Meet & Greet
10am- Movie and Serenity Spa (Manicures)Meadows
10:30am- Morning Snack
11am Rosary in the Chapel-DM
12:30pm- Lunch
2pm Snack Social Meadows-Egg
3pm Resident Choice Activity-Egg
3pm Nondenominational Shabbat Celebration w/ Community Partner Volunteer Juan - Chapel

9am- Continental Breakfast
9:15 Meet & Greet
10:00am- Coffee & Connections Meadows
11am- Heart & Soul Fitness
12:30pm- Lunch
1pm- 1:1 Activities Resident Choice
2pm- Afternoon Coffee Cafe & Storytime-Meadows
2:30pm Bingo in the Egg-Meadows

Tell a Story Day

9am- Continental Breakfast
9:15am- Meet & Greet, Resident Council
10:00am- Heart & Soul Fitness
10:30am- Morning Snack
11am- Daily Chronicles
12:30pm- Lunch
2pm Community Volunteer: Music w/ Chuck Jacobs Egg CHP
3pm Balloon Toss Social-Meadows-Egg

Blueberry Pie Day

9am- Continental Breakfast
9:15am- Meet & Greet & Heart & Soul Fitness
10:30am- Morning Snack & Community Partner: Explorations in Art w/ Jane & Katerina-Meadows-Egg
11am- Daily Chronicles
12:30pm- Lunch
2pm **Community Volunteer: Music w/ Buddy & Steve Egg CHP**
3PM **Monthly Birthday Party & Movie Matinee-Egg**

9am- Continental Breakfast
9:15am- Meet & Greet
10:00am- Coffee & Connections at Meadows
11am- Heart & Soul Fitness
12:30pm- Lunch
1pm- 1:1 Activities Resident Choice
2pm- Afternoon Coffee Cafe- & Reminisce-Meadows
2:30pm Bingo in the Egg-Meadows

Hair Stylist Appreciation Day

Thank You Betty
April 22,2026



Happy
ADMINISTRATIVE
PROFESSIONAL
DAY

*Christene Marshall- Act. Director, Margaret Mc Adams- Act. Assistant, Carol Ryan- RN, Brian Zeidan- Administrator. *Residents have the freedom to control their own schedule. *Ability to change activities based on preference*.