

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday


February 2025

Arbor Ridge at Brookmeade



8am-9pm Pool/Open Swim 1
 10am Ping Pong (MPR)
 2pm **Game of Hearts**
 (Art Studio)
 3:15pm Catholic Communion
 (Gfloor Library) †
 7pm Movie (MPR)

8am-9pm Pool/Open Swim 2
10:30am Depart TSL
Opera: Giuseppe Verdi's AIDA
 2pm **Game of Spades**
 (Art Studio)
 7pm Movie (MPR)



Groundhog Day

8am-9pm Pool/Open Swim 3
9am Shopping / TOPS
 9:30am **Mat Class (MPR)**
 10am **Balance for Life (MPR)**
 1:15pm **Mahjong (Art Studio)**
 4:15pm **Resident Council Meeting (MPR)**

8am-9pm Pool/Open Swim 4
 11am **Stretch & Strength**
 1:30pm **Scrabble (Art Studio)**
 3pm **Water Exercise** 💧
 7pm **BINGO (Art Studio)**
 7pm **Movie(MPR)**


8am-10am Hot Breakfast ☕
8am-9pm Pool/ Open Swim 5
1:15pm Art Class (Art Studio)
 1:30pm **Five Crowns (MPR)**
 3:30pm **Billiards @ Arbor**
 7pm **Movie (MPR)**

8am-9pm Pool/ Open Swim 6
 11am **Stretch & Strength**
 1:30pm **Scrabble (Art Studio)**
 4:30pm **Social Hour (Foyer)**
 7pm **Movie (MPR)** 🍷

8am-9pm Pool/Open Swim 7
 9am **Hairdresser In (Salon)**
9:30am Shopping / TOPS
 1:15pm **Mahjong (Art Studio)**
 7pm **Movie (MPR)**


8am-9pm Pool/Open Swim 8
 10am **Ping Pong (MPR)**
 2pm **Jazz Pianist** 🎵
Larry Ham (MPR)
 3pm **Game of Hearts**
 (Art Studio)
 3:15pm **Catholic Communion**
 (Gfloor Library) †
 7pm **Movie (MPR)**

8am-9pm Pool/Open Swim 9
1pm Depart Bard : The Orchestra Now : Transcription as Translation
 2pm **Game of Spades**
 (Art Studio)
 3pm **Poetry Group**
 (Gfloor Library)
 7pm **Movie (MPR)**



8am-9pm Pool/Open Swim 10
9am Shopping / TOPS
 9:30am **Mat Class (MPR)**
 10am **Balance for Life (MPR)**
 1:15pm **Mahjong (Art Studio)**
 2pm **Movie in the MPR**
"Sleepless in Seattle" Starring Tom Hanks and Meg Ryan w/ Popcorn and Rootbeer floats

8am-9pm Pool/Open Swim 11
 11am **Stretch & Strength**
 1:30pm **Scrabble (Art Studio)**
 2pm **Sports Trivia (Foyer)**
 3pm **Water Exercise** 💧
 7pm **BINGO (Art Studio)**
 7pm **Movie(MPR)**



8am-9pm Pool/ Open Swim 12
1:15pm Art Class (Art Studio)
 1:30pm **Five Crowns (MPR)**
 2pm **Design a Valentine's Day gram with a candy bar for your valentine, family or friends (Dining Room)** ❤️
 3:30pm **Billiards @ Arbor**
 7pm **Movie (MPR)**

Tu B'Shevat Begins

8am-9pm Pool/ Open Swim 13
 11am **Stretch & Strength**
 1:30pm **Scrabble (Art Studio)**
 4:30pm **Have a Heart Happy Hour (Foyer)** 🍷
 7pm **Movie (MPR)**


8am-9pm Pool/Open Swim 14
 9am **Hairdresser In (Salon)**
9:30am Shopping / TOPS
12-2pm Valentine's day Lunch Party w/ Special Guest Ron Smith (MPR)
 1:15pm **Mahjong (Art Studio)**
 7pm **Movie (MPR)**

Valentine's Day

8am-9pm Pool/Open Swim 15
 10am **Ping Pong (MPR)**
 2pm **Game of Hearts**
 (Art Studio)
 3:15pm **Catholic Communion**
 (Gfloor Library) †
7pm Classical Piano w/ Oscar Rodriguez (MPR)

8am-9pm Pool/Open Swim 16
 2pm **Game of Spades**
 (Art Studio)
 7pm **Movie (MPR)**


8am-9pm Pool/Open Swim 17
9am Shopping / TOPS
 9:30am **Mat Class (MPR)**
 10am **Balance for Life (MPR)**
 1:15pm **Mahjong (Art Studio)**
 7pm **Movie (MPR)**



Presidents' Day (U.S.)

8am-9pm Pool/Open Swim 18
 11am **Stretch & Strength**
 1:15pm **Depart: Adams**
 1:30pm **Scrabble (Art Studio)**
 3pm **Water Exercise** 💧
 7pm **BINGO (Art Studio)**
 7pm **Movie(MPR)**

8am-9pm Pool/ Open Swim 19
1:15pm Art Class (Art Studio)
 1:30pm **Five Crowns (MPR)**
 3:30pm **Billiards @ Arbor**
 7pm **Movie (MPR)**



8am-9pm Pool/ Open Swim 20
 11am **Stretch & Strength**
 12pm **Depart : Lunch at Eveready Diner Hyde Park**
 1:30pm **Scrabble (Art Studio)**
 4:30pm **Social Hour (Foyer)**
 7pm **Movie (MPR)** 🍷

8am-9pm Pool/Open Swim 21
 9am **Hairdresser In (Salon)**
9:30am Shopping / TOPS
 1:15pm **Mahjong (Art Studio)**
 7pm **Movie (MPR)**

8am-9pm Pool/Open Swim 22
 10am **Ping Pong (MPR)**
 2pm **Jazz Pianist** 🎵
Larry Ham (MPR)
 3pm **Game of Hearts**
 (Art Studio)
 3:15pm **Catholic Communion**
 (Gfloor Library) †
 7pm **Movie (MPR)**

8am-9pm Pool/Open Swim 23
 2pm **Game of Spades**
 (Art Studio)
 7pm **Movie (MPR)**


8am-9pm Pool/Open Swim 24
9am Shopping / TOPS
 9:30am **Mat Class (MPR)**
 10am **Balance for Life (MPR)**
11:15am Depart Bard Noon Concert
 1:15pm **Mahjong (Art Studio)**
 7pm **Movie (MPR)**

8am-9pm Pool/Open Swim 25
 11am **Stretch & Strength**
 1:30pm **Scrabble (Art Studio)**
 3pm **Water Exercise** 💧
 7pm **BINGO (Art Studio)**
 7pm **Movie(MPR)**

8am-9pm Pool/ Open Swim 26
1:15pm Art Class (Art Studio)
 1:30pm **Five Crowns (MPR)**
 3:30pm **Billiards @ Arbor**
 7pm **Movie (MPR)**

8am-9pm Pool/ Open Swim 27
 11am **Stretch & Strength**
 1:30pm **Scrabble (Art Studio)**
 4:30pm **Social Hour (Foyer)**
 7pm **Movie (MPR)** 🍷

8am-9pm Pool/Open Swim 28
 9am **Hairdresser In (Salon)**
9:30am Shopping / TOPS
 1:15pm **Mahjong (Art Studio)**
3pm Book Club (Gfloor Library)
4:30pm Sing-a-Long w/ Sue Buttner (MPR)
 7pm **Movie (MPR)**



Ramadan Begins



For more information on programs and to SIGN-UP for trips and grocery shopping, please contact the FRONT DESK at 876-3344. Activities are subject to change.