The Terraces at Brookmeade
Assisted Living

Additional Services: Tier 1 - $7,908/month
As care needs increase, residents requiring closer supervision and some limited hands-on assistance by a resident care assistant will receive it. Additionally, there may be a need for more help with medication administration. Generally, Tier 1 requires a moderately higher level of personal and professional time to provide an optimal lifestyle.

- Medication management (a licensed nurse will administer medications including insulin or other injections up to four times a day)
- Specialized and or modified diets
- Escorting to meals and activities
- Scheduled minimal hands-on assistance with bathing, dressing, grooming
- Assistance with oxygen and other specialized medical devices
- Scheduled individualized attention to practical, emotional, and personal needs
- Occasional incontinence assistance

Additional Services: Tier 2 - $8,798/month
In this package, a resident care assistant will provide the resident with the time needed for hands-on assistance with a multiple of activities of daily living. This means that the resident requires some reasonable level of physical assistance from a resident care assistant while being able to perform a segment of a task required for his or her care. Generally, Tier 2 requires more than a moderately higher level of personal and professional time to provide an optimal lifestyle.

- Scheduled moderate hands-on assistance with bathing, dressing, grooming
- Significant monitoring throughout the day if needed for a resident with Dementia/Alzheimer’s
- Significant individualized attention to practical, emotional, and personal needs
- Incontinence management program

Supplementary Services: Additional Fee
- Beauty shop / Barber shop
- Additional housekeeping
- Additional laundry services
- Additional maintenance services
- Guest meals
- Resident catering services
- Additional transportation services

2 Bedroom Apartments
There are several 2-bedroom units available that accommodate 1 or 2 residents. The cost for 1 resident with Basic Services is $8,694. An additional resident with Basic Services is an additional $1,430 for a total monthly fee of $9,124. There is an additional charge of $663 for each resident receiving Tier 1 Services, and an additional charge of $1,553 for each resident receiving Tier 2 Services.

All fees are subject to change

Dutchess County’s Premier Assisted Living Community
Located on 75 country acres just outside the Village of Rhinebeck, The Terraces offers three restaurant style meals a day, 24-hour support with the activities of daily living, and fun activities and events to help seniors thrive.

As part of the Community at Brookmeade, residents and their families can take advantage of all campus resources including outpatient rehabilitation services, heated indoor pool, and extensive outdoor trails and walking paths. The Terraces also shares a campus with The Baptist Home at Brookmeade, which provides Skilled Nursing and Rehabilitation Services.

The Terraces is conveniently located in the charming, historic Village of Rhinebeck with easy access to numerous health professionals and Northern Dutchess Hospital.

Tours are available by appointment at 845-876-3344, ext 303.
54 Brookmeade Drive, Rhinebeck, N.Y. 12572 (845) 876-5522 communityatbrookmeade.org
The Terraces at Brookmeade
Assisted Living

Fully licensed with the Assisted Living Residency License and regularly evaluated by the New York State Department of Health, The Terraces is the community of choice for seniors and their families.

We combine support for a self-sufficient lifestyle with personal care of the highest caliber in a comfortable setting. The Terraces is not Medicaid supported, and residents pay privately on a month-to-month basis.

**Amenities**

- 26 Private Apartments • Kitchenette, Walk-in Closet and Private Bath
- 2 Bedroom Apartments Available for Couples • Full Social and Fitness Calendar
- Spa, Jacuzzi, Beauty and Barber Shops • Wall to Wall Carpeting
- Three Restaurant Style Meals a Day • Culinary Trained Head Chef
- Housekeeping and Laundry Service • Licensed Nurses and Certified Caregivers
- Medication Management • 24 Hour Assistance • Access to Heated Indoor Pool
- Campus-wide 24 hour Security • Fireplaces in Common Areas
- Individual Controlled Heating and Air Conditioning

**Personal Care Service & Assistance**

We understand that each resident has unique needs and preferences that greatly impact the quality of life. Our desire is to enhance it! As such, we meet with our residents and their family members (prior to move-in) to conduct an assessment to ensure service needs are identified.

Upon completion of the assessment, a personalized service plan will be developed to ensure the optimal quality of life is attained for our residents.

The assessment results in determining a specific service package (Basic, Tier 1 or Tier 2) based on the amount of assistance needed, while encouraging independence and freedom of choice.

The personalized plan is carefully monitored and adjusted as needs change and fees are subject to change.

**Basic Service Package - $7,245/month**

(Included for Everyone in their Monthly Service Fee)

Our service-oriented associates provide compassionate care to assist our residents in experiencing the fullness of life. A resident care assistant will provide friendly verbal reminders for activities of daily living such as bathing, dressing, grooming, meals, and activities.

- Three meals daily plus snacks
- Maintenance & Security
- Emergency call system
- Access to a State certified resident care assistant 24 hours per day
- General supervision of health
- Medication procurement, set up, and reminders
- Occasional hands-on assistance with bathing, dressing, and grooming
- Reports to family as needed
- Weekly housekeeping and flat linen services
- Consultation with staff regarding social and health related issues
- Access to health and wellness programs
- Liaison services to enhance the communication with your primary doctor and specialists
- Occasional individualized attention to practical, emotional, and personal needs
- 24 hour family access to a staff phone number
- Activities and scheduled trips and events
- All utilities except cable and telephone
- Arranged transportation to and from medical and dental appointments
- Access to professional health consultants
- Scheduled and Individual transportation services
- Access to a registered dietitian
- Vital signs and weight checked monthly

*All fees are subject to change*

Call 845-876-3844, ext. 303 for more information or to schedule a tour.