

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2021						
					Holiday: No Transportation	
					10-12pm Pool/Swimming (weekdays only) 1:30pm Mahjong (Art Studio) 7pm Movie (MPR)	1 2pm Game of Hearts (Art Studio) 2 7pm Movie (MPR)
2pm Game of Spades (Art Studio) 7pm Movie (MPR)	3 9am Shopping/TOPS 10-12pm Pool/Swimming (weekdays only) 10am Balance For Life (MPR) 1:30pm Mahjong (Art Studio) 4pm Resident Meeting (MPR) 7pm Movie (MPR)	4 10-12pm Pool/Swimming (weekdays only) 11am Stretch & Strength 1:30pm Scrabble (Art Studio) 7pm BINGO (Art Studio) 7pm Movie (MPR)	5 8am HOT BREAKFAST delivered to your apartment. 10-12pm Pool/Swimming 11:30am Communion w/ Father Crawford (MPR) 1:30pm Dominoes (Art Studio) 7pm Movie (MPR)	6 10-12pm Pool/Swimming (weekdays only) 11am Stretch & Strength 1:30pm Scrabble (Art Studio) 7pm Movie (MPR)	7 9am Hairdresser In 9:30am Hannaford 10-12pm Pool/Swimming (weekdays only) 1:30pm Mahjong (Art Studio) 7pm Movie (MPR)	8 2pm Game of Hearts (Art Studio) 7pm Movie (MPR)
2pm Game of Spades (Art Studio) 7pm Movie (MPR)	10 9am Shopping/TOPS 10-12pm Pool/Swimming (weekdays only) 10am Balance For Life (MPR) 1:30pm Mahjong (Art Studio) 7pm Movie (MPR)	11 10-12pm Pool/Swimming (weekdays only) 11am Stretch & Strength 1:30pm Scrabble (Art Studio) 7pm BINGO (Art Studio) 7pm Movie (MPR)	12 10-12pm Pool/Swimming (weekdays only) 11:30am Communion w/ Father Crawford (MPR) 1:30pm Dominoes (Art Studio) 7pm Movie (MPR)	13 10-12pm Pool/Swimming (weekdays only) 11am Stretch & Strength 1:30pm Scrabble (Art Studio) 7pm Movie (MPR)	14 9am Hairdresser In 9:30am Hannaford 10-12pm Pool/Swimming (weekdays only) 1:30pm Mahjong (Art Studio) 7pm Movie (MPR)	15 2pm Game of Hearts (Art Studio) 7pm Movie (MPR)
2pm Game of Spades (Art Studio) 7pm Movie (MPR)	17 Holiday: No Transportation	18 10-12pm Pool/Swimming (weekdays only) 11am Stretch & Strength 1:30pm Scrabble (Art Studio) 7pm BINGO (Art Studio) 7pm Movie (MPR)	19 10-12pm Pool/Swimming (weekdays only) 11:30am Communion w/ Father Crawford (MPR) 1:30pm Dominoes (Art Studio) 7pm Movie (MPR)	20 10-12pm Pool/Swimming (weekdays only) 11am Stretch & Strength 1:30pm Scrabble (Art Studio) 7pm Movie (MPR)	21 9am Hairdresser In 9:30am Hannaford 10-12pm Pool/Swimming (weekdays only) 1:30pm Mahjong (Art Studio) 7pm Movie (MPR)	22 2pm Game of Hearts (Art Studio) 7pm Movie (MPR)
	<small>Martin Luther King Day</small>				* 2PM (MPR) Discussions w/ Karen, CEO Last Name A-K * 2:45PM (MPR) Discussions w/ Karen, CEO Last Name L-Z 7pm Movie (MPR)	23 2pm Game of Hearts (Art Studio) 7pm Movie (MPR)
2pm Game of Spades (Art Studio) 7pm Movie (MPR)	24 9am Shopping/TOPS 10-12pm Pool/Swimming (weekdays only) 10am Balance For Life (MPR) 1:30pm Mahjong (Art Studio) 7pm Movie (MPR)	25 10-12pm Pool/Swimming (weekdays only) 11am Stretch & Strength 1:30pm Scrabble (Art Studio) 7pm BINGO (Art Studio) 7pm Movie (MPR)	26 10-12pm Pool/Swimming (weekdays only) 11:30am Communion w/ Father Crawford (MPR) 1:30pm Dominoes (Art Studio) 7pm Movie (MPR)	27 10-12pm Pool/Swimming (weekdays only) 11am Stretch & Strength 1:30pm Scrabble (Art Studio) 7pm Movie (MPR)	28 9am Hairdresser In 9:30am Hannaford 10-12pm Pool/Swimming (weekdays only) 1:30pm Mahjong (Art Studio) 7pm Movie (MPR)	29 2pm Game of Hearts (Art Studio) 7pm Movie (MPR)
	<small>Activity Professionals Week</small>		<small>Australia Day (observed)</small>			30 2pm Game of Hearts (Art Studio) 7pm Movie (MPR)
2pm Game of Spades (Art Studio) 7pm Movie (MPR)	Arbor Ridge					
31						

For more information and to register for classes and programs, please contact the Front Desk at 876-3344. Activities are subject to change.

MPR = Multi-Purpose Room

You are REQUIRED to pre-register for ALL classes/programs.

SIGN-UP at the desk or call (845) 876-3344.

Walk-ins will not be permitted.

A health screen and temperature check will be done prior to your participation in any program.

You are required to wear a face covering/mask.

Chairs are set up to ensure social distancing compliance.

Please do NOT move.

After each program all chairs, high touch points and surface areas are cleaned and sanitized.