


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>OCTOBER 2019</b> The Terraces at Brookmeade</p>		<p>10:15- Stretch &amp; Strength - ACT/KS <b>1</b></p> <p>1:30-Movie Matinee— MT/NS</p> <p>6:30-Puzzles/Games -RCP</p>	<p>10:00– Rosary/Mass-BH <b>2</b></p> <p>10:15-Nail Salon-ACT/DM</p> <p>11:30-International Culinary Hour with Chef Stritt-ACT/ES</p> <p><b>1:15-Walkway over the Hudson and Coffee Stop-L/DM</b></p> <p>1:30-Movie Matinee-MT/NS</p> <p><b>3:45-Book Club/Coffee Hour- "Good Bye Mr. Chips"-Act/DM</b></p> <p>6:30-Puzzles/Games-L/RCP</p>	<p><b>Beauty Salon Today 1-4</b> <b>3</b></p> <p>10:15- Stretch &amp; Strength- ACT/KS</p> <p>11:00 - Baptist Services– BH</p> <p>1:30-Movie Matinee- MT/NS</p> <p>6: 30-Puzzles/Games -RCP</p>	<p><b>9:45-Hannaford Shopping-L/DM</b> <b>4</b></p> <p><b>2:00-Coffee Hour and Good-Bye Mr. Chips Part II-ACT/DM</b></p> <p><b>3:00-Trip to see Downton Abbey"at the movies-L/DM</b></p> <p>6:30-Movie-MT/NS-</p>	<p><b>World Teacher's Day</b> <b>5</b></p> <p>10:00- Independent Activities- ACT/RCP</p> <p>1:30-Movie Matinee- MT/NS</p> <p><b>4:00-Julia Cohen in concert at Arbor Ridge-</b></p> <p>6:30-Puzzles/Games-RCP</p>
<p>10:45- Transportation To Worship Services-L <b>6</b></p> <p>2:00-Protestant Services- BH Chapel</p> <p>2:00-Classic Movie- MT/NS</p> <p>6:30- Games, Puzzles- RCP</p>	<p><b>Ocktoberfest Week Dry Cleaning Day Dropoff</b> <b>7</b></p> <p>10:00-Move with the Music- ACT/DM</p> <p><b>2:30-November Planning meeting and Coffee Hour- ACT/DM</b></p> <p><b>3:45-Ocktober Fest Customs around the World-ACT/DM</b></p> <p>6:30-Movie-MT/NS</p>	<p>10:15- Stretch &amp; Strength - ACT/KS <b>8</b></p> <p>1:30-Movie Matinee— MT/NS</p> <p>6:30-Puzzles/Games -RCP</p>	<p><b>Yom Kippur</b> <b>9</b></p> <p>10:00– Rosary/Mass-BH</p> <p>10:15-Trivia by the Fire-L/DM</p> <p><b>1:15 –Scenic Ride to see the Leaves/Diesings for Dessert-L/DM</b></p> <p>1:30-Movie Matinee-MT/NS</p> <p><b>3:45-Book Club/Coffee Hour- ACT/DM</b></p> <p>6:30-Puzzles/Games-L/RCP</p> <p><small>Yom Kippur</small></p>	<p><b>Beauty Salon Today 1-4</b> <b>10</b></p> <p>10:15- Stretch &amp; Strength- ACT/KS</p> <p>11:00 - Baptist Services– BH</p> <p>1:30-Movie Matinee- MT/NS</p> <p>6: 30-Puzzles/Games -RCP</p>	<p><b>It's My Party Day</b> <b>11</b></p> <p>9:45-Hannaford Shopping-L/DM</p> <p><b>12:00-German Lunch Choice- DR/DM</b></p> <p><b>2:30-Armchair Travel to Germany &amp; Special German Dessert- ACT/DM</b></p> <p><b>3:45-Great German Music- ACT/DM</b></p> <p>6:30-Movie-MT/NS-</p>	<p>10:00- Independent Activities- ACT/RCP <b>12</b></p> <p>1:30-Movie Matinee- MT/NS</p> <p>6:30-Puzzles/Games-RCP</p>
<p>10:45- Transportation To Worship Services-L <b>13</b></p> <p>2:00-Protestant Services- BH Chapel</p> <p>2:00-Classic Movie- MT/NS</p> <p>6:30- Games, Puzzles- RCP</p>	<p><b>Happy Columbus Day Sukkot National Dessert Day</b> <b>14</b></p> <p>10:00-Move with the Music- ACT/DM</p> <p><b>2:30-4:30-Columbus Day Celebration &amp; special Dessert- Act/DM</b></p> <p>6:30-Movie-MT/NS</p> <p><small>Columbus Day (US) Thanksgiving Day (Canada) Sukkot</small></p>	<p>10:15- Stretch &amp; Strength - ACT/KS <b>15</b></p> <p><b>2:30-Resident Council- ACT/CM</b></p> <p>6:30-Puzzles/Games -RCP</p>	<p><b>Bosses Day</b> <b>16</b></p> <p>10:00– Rosary/Mass-BH</p> <p>10:15-Nail Salon-ACT/DM</p> <p><b>11:15-Lunch at the Artists Palate-L/DM</b></p> <p>1:30-Movie Matinee-MT/NS</p> <p>3:45-Book Club/Coffee Hour-</p> <p>6:30-Puzzles/Games-L/RCP</p>	<p><b>Beauty Salon Today 1-4</b> <b>17</b></p> <p>10:15- Stretch &amp; Strength- ACT/KS</p> <p>11:00 - Baptist Services– BH</p> <p>1:30-Movie Matinee- MT/NS</p> <p>6: 30-Puzzles/Games -RCP</p>	<p><b>9:45-Hannaford Shopping-L/DM</b> <b>18</b></p> <p><b>2:30-Patty Carver Old Songs Show 2 &amp; popcorn for National Popcorn Month- ACT/DM</b></p> <p><b>3:45-Current Events/Health in the news-ACT/DM</b></p> <p>6:30-Movie-MT/NS-</p>	<p>10:00- Independent Activities- ACT/RCP <b>19</b></p> <p>1:30-Movie Matinee- MT/NS</p> <p>4:30-Knitting with Amy-L/AB</p> <p>6:30-Puzzles/Games-RCP</p>
<p>10:45- Transportation To Worship Services-L <b>20</b></p> <p>2:00-Protestant Services- BH Chapel</p> <p>2:00-Classic Movie- MT/NS</p> <p>4:30-Knitting with Amy-L/AB</p> <p>6:30- Games, Puzzles- RCP</p>	<p><b>National Pumpkin Cheesecake Day</b> <b>21</b></p> <p>10:00-Move with the Music- ACT/DM</p> <p><b>2:30-Food Committee Meeting and Coffee Hour-ACT/DM</b></p> <p><b>3:45-Remember When- ACT/DM</b></p> <p>6:30-Movie-MT/NS</p>	<p>10:15- Stretch &amp; Strength - ACT/KS <b>22</b></p> <p>1:30-Movie Matinee— MT/NS</p> <p>6:30-Puzzles/Games -RCP</p> <p><small>Simchat Torah</small></p>	<p>10:00– Rosary/Mass-BH <b>23</b></p> <p>10:15-Trivia by the Fire-ACT/DM</p> <p><b>11:15-Shadows for Lunch-L/DM</b></p> <p>1:30-Movie Matinee-MT/NS</p> <p><b>3:45-Book Club/Coffee Hour- ACT/DM</b></p> <p>6:30-Puzzles/Games-L/RCP</p>	<p><b>Beauty Salon Today 1-4</b> <b>24</b></p> <p>10:15- Stretch &amp; Strength- ACT/KS</p> <p>11:00 - Baptist Services– BH</p> <p>1:30-Movie Matinee- MT/NS</p> <p><b>2:00-Golden Age singers at Arbor Ridge</b></p> <p><b>2:30-Music concert at BH Chapel</b></p> <p>6: 30-Puzzles/Games -RCP</p>	<p><b>9:45-Hannaford Shopping-L/DM</b> <b>25</b></p> <p><b>2:30-Friday Forum-Special Guest presentation-ACT/DM</b></p> <p><b>3:45- Coffee Hour and Birthday party-ACT/DM</b></p> <p>6:30-Movie-MT/NS-</p>	<p>10:00- Independent Activities- ACT/RCP <b>26</b></p> <p>1:30-Movie Matinee- MT/NS</p> <p>6:30-Puzzles/Games-RCP</p>
<p>10:45- Transportation To Worship Services-L <b>27</b></p> <p>2:00-Protestant Services- BH Chapel</p> <p>2:00-Classic Movie- MT/NS</p> <p>6:30- Games, Puzzles- RCP</p>	<p>10:00-Move with the Music- ACT/DM <b>28</b></p> <p><b>2:30-Make a Healthy Snack and HealthyLifestyles- ACT/DM</b></p> <p>3:45-Horse Racing with prizes- ACT/DM</p> <p>6:30-Movie-MT/NS</p>	<p><b>National Cat Day</b> <b>29</b></p> <p>10:15- Independent Activities- L/RCP-</p> <p>1:30-Movie Matinee— MT/NS</p> <p>6:30-Puzzles/Games -RCP</p>	<p><b>National Candy Corn Day</b> <b>30</b></p> <p>10:00– Rosary/Mass-BH</p> <p>10:15-Nail Salon-ACT/DM</p> <p><b>1:15-Adams Shopping-L/DM</b></p> <p>1:30-Movie Matinee-MT/NS</p> <p><b>3:30-Gala Halloween Party- ACT/DM</b></p> <p>6:30-Puzzles/Games-L/RCP</p>	<p><b>Happy Halloween</b> <b>31</b></p> <p><b>Beauty Salon Today 1-4</b></p> <p>10:15- Stretch &amp; Strength- ACT/KS</p> <p>11:00 - Baptist Services– BH</p> <p>1:30-Movie Matinee- MT/NS</p> <p>6: 30-Puzzles/Games -RCP</p> <p><b>7:00-Jazz pianist Larry Ham in concert at Arbor Ridge</b></p> <p><small>Halloween</small></p>	<p>P- Patio DS-Dining Staff KS- Kurt Swanson MT-Movie Theatre-2<sup>nd</sup> floor ACT- Activity Room ES- Eric Stritt BH- Baptist Home NS- Nursing Staff DM-Donna Marquardt, Activities Assistant, Terraces CM-Christene Marshall-Activities Director L- Lobby Lib- Library RCP-Receptionist AR-Arbor Ridge Independent Living</p> <p>DS-Dining Staff AB-Amy Beals</p> 	

All Activities Subject to Change without notice. Please consult your tabletoppers and the bulletin board for updates

