

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2018

The Terraces at Brookmeade

						<p>10:00- Independent Activities- ACT/RCP 1</p> <p>1:30-Movie Matinee- MT/NS</p> <p>6:30-Puzzles/Games-RCP</p>
<p>10:45- Transportation To Worship Services-L 2</p> <p>2:00-Protestant Services- BH Chapel</p> <p>2:00-Classic Movie- MT/NS</p> <p>6:30- Games, Puzzles- RCP</p>	<p>Labor Day 3</p> <p>10:00-Chair Exercise-ACT/DM</p> <p>11:00-Toss & Talk About It-New Game-ACT/DM</p> <p>12:00-Barbecue-DR/DS</p> <p>2:00-October Planning-LIB/DM</p> <p>3:45-Ice Cream Social and Labor Day Celebration-ACT/DM</p> <p>Labor Day</p>	<p>10:15- Stretch & Strength - ACT/KS 4</p> <p>1:30-Movie Matinee— MT/NS</p> <p>6:30-Puzzles/Games -RCP</p>	<p>Cheese Pizza Day 5</p> <p>10:00– Rosary/Mass-BH</p> <p>10:00-Chair Exercise-ACT/DM</p> <p>11:15- Lunch at Matchbox-L/DM</p> <p>11:30-Culinary Hour with Chef Stritt-ACT/ES</p> <p>1:30-Movie Matinee-MT/NS</p> <p>3:45-Book Club—ACT/DM</p> <p>5:00-Pizza Takeout Night-DR/DM</p> <p>6:30-Puzzles/Games-RCP</p>	<p>Beauty Salon 6</p> <p>10:15- Stretch & Strength- ACT/KS</p> <p>11:00 - Baptist Services– BH</p> <p>1:30-Movie Matinee- MT/NS</p> <p>6: 30-Puzzles/Games -RCP</p>	<p>9:45-Hannaford Shopping-L/DM 7</p> <p>1:30-Movie Matinee-MT/DM</p> <p>2:00-Good Shepard Bazaar-L/DM</p> <p>3:45- Tea Time/Guitar Concert-ACT/DM</p> <p>6:30-Puzzles/Games-RCP</p>	<p>10:00- Independent Activities- ACT/RCP 8</p> <p>12:00-Family Fun Day Carnival and Luncheon Food-L/DM</p> <p>1:30-Movie Matinee- MT/NS</p> <p>6:30-Puzzles/Games-RCP</p>
<p>Grandparents Day National Assisted Living Week 9</p> <p>10:45- Transportation To Worship Services-L</p> <p>2:00-Protestant Services- BH Chapel</p> <p>2:00-Classic Movie- MT/NS</p> <p>6:30- Games, Puzzles- RCP</p> <p>Grandparents Day</p>	<p>Rosh Hashanah 10</p> <p>10:00-Chair Exercise-ACT/DM</p> <p>11:00-Nail Salon -ACT/DM</p> <p>2:00-History Group-special Movie –“Chappaquiddick –The Story” with popcorn and discussion afterwards-ACT/DM</p> <p>6:30-puzzles/Games –RCP</p> <p>Rosh Hashanah</p>	<p>10:15- Stretch & Strength - ACT/KS 11</p> <p>1:30-Movie Matinee— MT/NS</p> <p>6:30-Puzzles/Games -RCP</p>	<p>10:00– Rosary/Mass-BH 12</p> <p>10:00-Chair Exercise-ACT/DM</p> <p>11:15-Lunch at The Ice House-L/DM</p> <p>1:30-Movie Matinee-MT/NS</p> <p>3:45-Massages-BH/DM</p> <p>6:30-Puzzles/Games-RCP</p>	<p>Beauty Salon 13</p> <p>10:15- Stretch & Strength- ACT/KS</p> <p>11:00 - Baptist Services– BH</p> <p>1:30-Movie Matinee- MT/NS</p> <p>6: 30-Puzzles/Games -RCP</p>	<p>National Cream Filled Donut Day 14</p> <p>9:45-TOPS Shopping-L/DM</p> <p>1:30-Movie Matinee-MT/DM</p> <p>2:00-Healthy Living-ACT/DM</p> <p>3:45-Tea Time/Brain Gym/Donuts-ACT/DM</p> <p>6:30-Puzzles/Games-RCP</p>	<p>10:00- Independent Activities- ACT/RCP 15</p> <p>1:30-Movie Matinee- MT/NS</p> <p>6:30-Puzzles/Games-RCP</p>
<p>10:45- Transportation To Worship Services-L 16</p> <p>2:00-Protestant Services- BH Chapel</p> <p>2:00-Classic Movie- MT/NS</p> <p>6:30- Games, Puzzles- RCP</p>	<p>Musical Ball Toss and Sing-ACT/DM 17</p> <p>10:00– Chair Exercise-ACT/DM</p> <p>11:00- 2:00-Staying Positive-Special Movie with refreshments - ACT/DM</p> <p>4:00-Music Lovers Study Group-ACT/DM</p> <p>6:30-Puzzles/Games- RCP</p>	<p>10:15- Stretch & Strength - ACT/KS 18</p> <p>1:30-Movie Matinee— MT/NS</p> <p>2:00-Resident Council-ACT/CM</p> <p>6:30-Puzzles/Games -RCP</p> <p>Yom Kippur</p>	<p>Yom Kippur 19</p> <p>10:00– Rosary/Mass-BH</p> <p>10:00-Chair Exercise-ACT/DM</p> <p>11:15-Lunch at Shadows-L/DM</p> <p>1:30-Movie Matinee-MT/NS</p> <p>3:45-Book Club—ACT/DM</p> <p>6:30-Puzzles/Games-RCP</p>	<p>Beauty Salon 20</p> <p>10:15- Stretch & Strength- ACT/KS</p> <p>11:00 - Baptist Services– BH</p> <p>1:30-Movie Matinee- MT/NS</p> <p>6: 30-Puzzles/Games -RCP</p>	<p>9:45-Hannaford Shopping-L/DM 21</p> <p>2:00-Armchair Travel to Tuscany with Guests-ACT/DM</p> <p>3:45-Special Italian Tea Time-ACT/DM</p> <p>6:30-Movie/ACT/RCP</p>	<p>First Day of Autumn 22</p> <p>10:00- Independent Activities- ACT/RCP</p> <p>1:30-Movie Matinee- MT/NS</p> <p>6:30-Puzzles/Games-RCP</p> <p>Autumn Begins Oktoberfest Begins</p>
<p>10:45- Transportation To Worship Services-L 23</p> <p>2:00-Protestant Services- BH Chapel</p> <p>2:00-Classic Movie- MT/NS</p> <p>6:30- Games, Puzzles- RCP</p>	<p>Sukkot 24</p> <p>10:00-Chair Exercise-ACT/DM</p> <p>11:00-Nail Salon-ACT/DM</p> <p>2:00-Current Events/Health in the News</p> <p>3:45-Remember When-School Days-and Fall Apple Dessert-ACT/DM</p> <p>6:30-Movie-ACT/RCP</p> <p>Sukkot</p>	<p>10:15- Stretch & Strength - ACT/KS 25</p> <p>1:30-Movie Matinee— MT/NS</p> <p>6:30-Puzzles/Games -RCP</p>	<p>Adams Shopping-L/DM 26</p> <p>10:00– Rosary/Mass-BH</p> <p>10:00-Chair Exercise-ACT/DM</p> <p>1:30-Adams Shopping-L/DM</p> <p>1:30-Movie Matinee-MT/NS</p> <p>3:45-Book Club—ACT/DM</p> <p>6:30-Puzzles/Games-RCP</p>	<p>Beauty Salon 27</p> <p>10:15- Stretch & Strength- ACT/KS</p> <p>11:00 - Baptist Services– BH</p> <p>1:30-Movie Matinee- MT/NS</p> <p>6: 30-Puzzles/Games -RCP</p>	<p>9:45-TOPS Shopping-L/DM 28</p> <p>1:30-Movie Matinee-MT/DM</p> <p>2:00-Food Committee Meeting-ACT/DS</p> <p>3:45-Birthday Party-ACT/DM</p> <p>6:30-Puzzles/Games-RCP</p>	<p>10:00- Independent Activities- ACT/RCP 29</p> <p>1:30-Movie Matinee- MT/NS</p> <p>6:30-Puzzles/Games-RCP</p>
<p>10:45- Transportation To Worship Services-L 30</p> <p>2:00-Protestant Services- BH Chapel</p> <p>2:00-Classic Movie- MT/NS</p> <p>6:30- Games, Puzzles- RCP</p>	 <p>KEY AR- Arbor Ridge P- Patio DS-Dining Staff GR-Garden Room KS- Kurt Swanson DS-Dining Staff MT-Movie Theatre-2nd floor DM-Donna Marquardt, Activities Assistant for the Terraces ACT- Activity Room ES- Eric Stritt BH- Baptist Home NS- Nursing Staff CM-Christene Marshall-Director of Activities AM-Alyssa Mahar L- Lobby Lib- Library RCP-Receptionist</p>					

All Activities Subject to Change without Notice-Please refer to your Table Toppers and the White Board in the Hallway for updates